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日期	活動	科目	對象	
1-3月	小息、午息學科攤位		全校	
	寫寫毛筆字、齊來寫揮春、齊來寫書法、「選拼音」語音小遊戲、粵普對照活動	中文及普通話		
	LOVE & CARE (EASTER)	英文		
	MATHS FIGHT	數學		
	常識、科學攤位遊戲	常識		
	AI智能象棋機械人	ICT		
1月	正向價值標語繪畫比賽	視藝	全校	
	樂在公共圖書館(親子活動)	圖書	全校	
	國際文化日	英文	全校	
	全港小學兩文三語第二屆精英大比拼	英文	P4-6	
	基元40周年校慶英文個人朗誦比賽	英文	P5-P6	
	華夏盃(初賽)	數學	P1, P4, P6	
	大灣盃粵港澳大灣區數學競賽選拔賽2023(大灣賽區)	數學	P4-P6	
	參觀屯門公園爬蟲館	常識	P. 1	
	參觀香港太空館	常識	P. 5	
	第五屆小學音樂邀請賽	音樂	全校	
	聯校音樂大賽	音樂	全校	
	全港兒童歌唱比賽	音樂	全校	
	粵港澳大灣區正能量音樂大賽---個人演奏	音樂	全校	
	香港聯校音樂協會聯校音樂大賽---小學小組合奏	音樂	全校	
	第一屆沙田學界田徑之王(第二站)	體育	田徑隊	
	書籤交換計劃	圖書	全校	
	英雄@LKKB閱讀分享比賽	圖書	全校	
	第六屆商務及教圖(小學生生活寫照比賽)	中文	全校	
	2-3月	玻璃樽回收標語比賽	中文	全校
		全港菁年中文書法比賽	中文	P4-6
港澳數學奧林匹克公開賽《港澳盃 HKMO OPEN》		數學	P1, P5, P6	
第三十屆香港小學數學奧林匹克比賽		數學	P4-P6	
性教育主題講座		常識	全校	
機電工程署學校活動—能源效益及節約		常識	全校	
參觀水知園		常識	P4	
香港學界音樂大賽		音樂	全校	
亞洲體藝音樂演奏大賽		音樂	全校	
第11屆樂善堂梁鍊瑤學校(分校)運動會		體育	全校	
元朗區小學校際籃球比賽		體育	籃球隊	
第45屆元朗區田徑運動大會		體育	田徑隊	
「勵志閱讀伴成長」書目推介		圖書	全校	
標語創作比賽		中文	全校	
小樹窿電台之「減壓解憂」故事創作比賽		中文	P4-6	
青松侯寶垣杯英文朗誦比賽		英文	P3-P6	
東華三院盧幹庭紀念中學第23屆英文故事演講比賽		英文	P6	
3月		香港國際數學競賽(初賽)香港賽區	數學	P4-P6
		第六屆勵致數學盃	數學	P3-P6
		華夏盃(晉級賽)	數學	P1, P6
	大灣盃粵港澳大灣區數學競賽總決賽	數學	P4	
	校際小學STEM精英挑戰---數理謎蹤比賽	數學	P5	
	KTVB播放常識、科學影片	常識	全校	
	參觀香港鐵路博物館	常識	P3	
	親子填詞比賽	音樂	全校	
	免費親子活動---欣賞交響樂音樂會	音樂	全校	
	青松侯寶垣小學校際音樂比賽	音樂	全校	
	新界區小學填色繪畫比賽---鯨龜何處 無塑家園	視藝	全校	
	「家校樂天鄰」天水圍社區地圖棋盤設計比賽	視藝	全校	
	門牌設計比賽	視藝	全校	
	「魅力中國風項目式學習暨華服設計大賽」	視藝	P5-P6	
	賽馬會萬鈞毅智書院聯校陸運會---小學4X100接力賽	體育	田徑隊	
	恩平工商會李琳明中學Supercup三人籃球賽及羽毛球賽	體育	田徑隊、羽毛球隊	
	標準錶針 x 樂善堂王仲銘中學 3x3 小學籃球挑戰賽	體育	女子籃球隊	
	全年周會時段	「琺分音樂家」	音樂	全校

中文科技內活動

齊來學書法

學習硬筆書法



課堂上，同學們認真地觀看短片，學習正確的執筆姿勢。

學習毛筆書法



不論是高班的同學還是低班的同學，他們對於寫書法都有濃厚的興趣。



中文科校內活動



勤字王



快找動名詞



擲出合體字



寫寫毛筆字



粵普對照活動

齊來寫揮春



文化小知識：二十四節氣

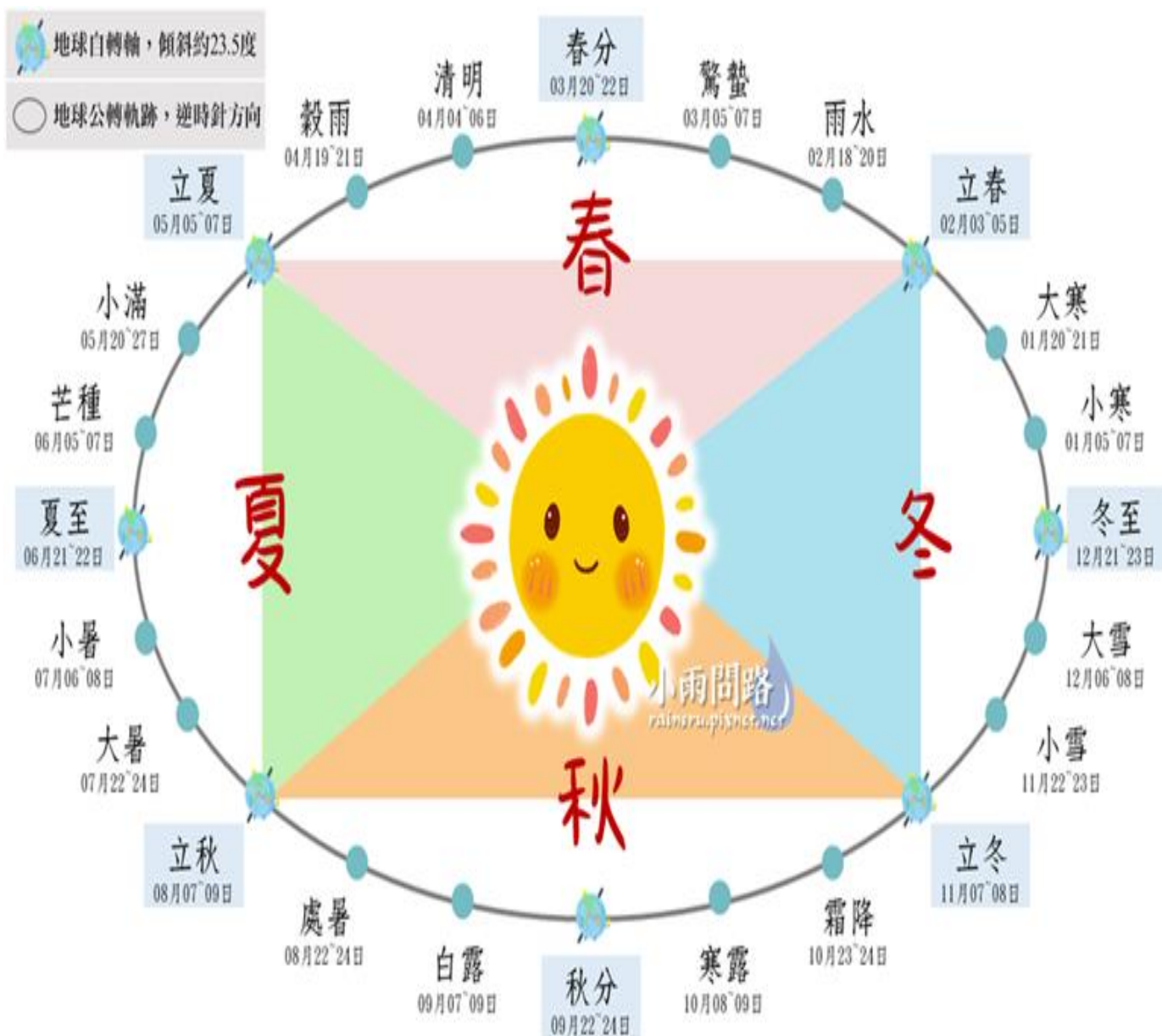


甚麼是二十四節氣？二十四節氣，是曆法中表示自然節律變化。一歲四時，春夏秋冬各三個月，每月兩個節氣，每個節氣都有其獨特的含義。廿四節氣準確的反映了自然節律變化，在人們日常生活中發揮了極為重要的作用。它不僅是指導農耕生產的時節體系，更是包含有豐富民俗事象的民俗系統

二十四節氣是一個統稱，其中包括十二個中氣和十二個節氣，中氣和節氣相間地排列。從春分起十二個中氣分別是春分、穀雨、小滿、夏至、大暑、處暑、秋分、霜降、小雪、冬至、大寒和雨水，分屬於十二個以地支排列的月份。春分後的節氣是清明，其後的節氣依次是立夏、芒種、小暑、立秋、白露、寒露、立冬、大雪、小寒、立春和驚蟄。



文化小知識：二十四節氣



English Internal Activities 22-23

Activity	Date	Level
English Day	Oct 2022 – Jun 2023	Whole school
English Fun Class	Oct 2022 – Jun 2023	P.1 P.4-6
English Dragons	Oct 2022 – Jun 2023	P.2
Cambridge English Class	Oct 2022 – Jun 2023	P.3-6
Halloween	31 st Oct 2022	P.1-6
International Cultural Day	13 th Jan 2022	P.1-6

English Day (September –January)

Every Tuesday is our English Day. Booths were set up in the playground for students to go and play. The NET teachers (with our English Ambassadors) engaged them to speak and offered them sweets and jewels for participation. Students were willing to speak in English and eager to participate in the activities.

Dates	Theme
27/9, 11/10, 18/10	Setting some goals (resolutions)
25/10, 31/10, 1/11	Halloween
8/11, 15/11, 22/11	Being thankful
6/12, 13/12, 20/12	Christmas
3/1, 10/1, 7/2	Chinese New Year



Students used English to make a Christmas wish.



Students wrote some 'Thank you' notes to show their gratitude to their teachers.



Students identified which behaviour is right and threw the bean bags to the box.



Students spun the wheel at the booth and to learn about the 12 animals in the Chinese zodiac.



On 31st October, our school celebrated Halloween. Principal Lau, teachers and students turned into ghosts, witches, zombies, vampires and creepy creatures by wearing funny and scary costumes or masks. We participated in the Halloween activities led by the English ambassadors during recess. We also went trick or treating and even entered the haunted house created by our NET teachers. In English lessons we introduced our costumes in English and learnt about the customs and traditions of Halloween. We thoroughly enjoyed the spooky and fun Halloween events! Happy Halloween, everyone!



International Cultural Week

International Cultural Week was held in January. During this week, our school invited foreigners from different countries to hold activities and game booths in the school hall for students. Students interacted with the special guests and practised speaking English while learning and experiencing the cultures from around the world. They also learnt to respect and appreciate other cultures.

On 13th January, students were allowed to wear different ethnic costumes to school to join the theme-based activities held in classrooms. Our school was like a little global village on that day!



A Passage by our NET - Samuel

The Long Way Back

The last few years have presented us with many challenges. School is on! School is off! School is online! Masks. Testing. School is live again?! And of course everything in between...

I think we can all agree we have been weathering a storm. But hope springs eternal and now, in 2023, for the first time in years, we are getting back to normality. As a teacher, and a parent, I can say it's been brilliant!

In times of hardship, we learn different characteristics. We learn perseverance. We learn endurance. We learn the world keeps turning and so must we. Through these challenges, these children will have learnt to keep going on in the face of adversity, which reminds me of a famous saying from the UK you may have come across,

'Keep calm and carry on'

And that is what we all have done. I admire the children for just getting on with it, and to the parents/care-givers who have had to adapt along the way. As we get back to normality, we will carry these traits with us as we move forwards.

Back to school where full-days are the new normal, special events are held as planned and laughter fills the corridors and playgrounds - it is good to be back. Classrooms have an energy around them. More students than ever willing to speak up, ask questions and wonder.

To mask, or not, is, and should be, a personal choice - though I cannot deny seeing the faces of students I hadn't seen for years, or even seeing faces for the first time, was a joy to behold. Suddenly, seeing these beaming smiles and expressions have lit up the room. Being able to read faces again for understanding and hearing words being spoken clearly really is inspirational for students and teachers alike.

So life does carry on? We kept calm. We stayed resilient. We hoped... ..And then tomorrow arrived. And now we thrive. We move onwards. We move upwards!

As we approach the halfway point of 2023 and look towards final exams and graduations, we can reflect on the recent past and remember what was. As the end of the academic year nears, it seems fitting to finish with these words...

...Welcome back!



波利比奧斯方陣密碼 (Polybius Square Cipher)

古希臘人發明了波利比奧斯方陣，主要用來書寫代碼信息。這一種代碼是用加密的方式，透過數字作為字母的坐標。不同地方的密碼排布並不相同，以下是最常用的一種排布方式。它是一個6行6列的矩陣，第一行為數字1至5，第一列也為數字1至5，表裏是26個字母，除了I與J以外，每個字母都各佔據一個格子，也就是每個字母都有它們的數字表示，類似於座標。

當代碼需要破解時，你可以先看「橫行的數字」，然後再看「直行的數字」，例如
23, 15, 31, 31, 34 就是「Hello」。你能成功解讀32 11 44 23 24 43 21 45 33 的意思嗎？你也可以製作自己的代碼信息，紀錄不同的小秘密。

	1	2	3	4	5
1	A	B	C	D	E
2	F	G	H	I/J	K
3	L	M	N	O	P
4	Q	R	S	T	U
5	V	W	X	Y	Z